

Professional Treatment

Time: 60 minutes

Cost Per Treatment: \$3.33*

**Assumes all Back Bar sizes.*

Suggested Products:

- Erase the Day
- Cleanser
- Enzyme Crème Mask
- Moisturizing Mist
- Recovery / Booster / Skin Serum
- Light Moisturizer / Barrier Renewal Cream / Intensive Moisturizer

STEP 1: Help your client settle into the treatment by dispensing a few drops of essential oils onto your palms. Place your palms over your client's face and instruct them to take a deep breath in to invigorate the senses. Leave your palms in place for another minute while encouraging deep breathing to help your client relax.

STEP 2: Remove any eye or lip makeup with **Erase the Day**.

STEP 3: Double cleanse with **Cleanser** to remove any additional impurities as well as balance the pH of the skin. Remove the cleanser with 4 x 4 wipes.

STEP 4: Apply **Enzyme Crème Mask**. Leave on the skin for 8 minutes with or without steam. Apply a warm, wet towel to the skin and gently remove the mask.

STEP 5: Perform microdermabrasion treatment using diamond or crystal tip.

STEP 6: Apply **Moisturizing Mist** to hydrate and soothe the skin. This is a great way to reset pH balance and prepare the skin for treatment serums.

STEP 7: Apply **Recovery, Booster** or **Skin Serum** while the skin is still damp.

STEP 8: Follow with the **Eye Serum** to hydrate, minimize signs of aging and target dark circles and puffiness.

STEP 9: Depending on the client's skin type, apply **Barrier Renewal Cream, Light Moisturizer** or **Intensive Moisturizer** to the face and neck.

STEP 10: Apply mineral sunscreen if treatment is during the day.