

Professional Treatment

Time: 60 minutes

**Assumes all Back Bar sizes.*

Cost Per Treatment: \$4.30*

Suggested Products:

- Cleanser
- Recovery
- Moisturizing Mist
- Glide Gel
- Barrier Renewal Cream

If possible, pre-treat the skin for a minimum of 2 weeks before treatment with Recovery and Barrier Renewal Cream twice daily to strengthen the skin and improve treatment results.

STEP 1: Apply numbing cream at your discretion.

STEP 2: Cleanse with 2 pumps of our gentle, gel based **Cleanser** and remove with 4 x 4 wipes.

STEP 3: Apply 1-2 pumps of **Recovery** to the face and neck, to calm the skin and prepare it for treatment.

STEP 4: Apply **Glide Gel** on the first area to be treated. If a thinner consistency is desired, apply 2–4 sprays of **Moisturizing Mist**. Proceed with the Microneedle/CIT treatment. Move to the next area and repeat.

STEP 5 (optional): Option to cool down the client's skin with an ice roller or cooling globes and or follow with LED Light Therapy, if desired.

STEP 6: Apply 1-2 pumps of **Recovery**.

STEP 7: Apply 1-2 pumps of **Barrier Renewal Cream** to the face and neck.

STEP 8: Apply mineral sunscreen generously, if the treatment is during the day.