

## Professional Treatment

**Time:** 60 minutes

**Cost Per Treatment:** \$3.33\*

*\*Assumes all Back Bar sizes.*

### Suggested Products:

- Erase the Day
- Cleanser
- Enzyme Crème Mask
- Moisturizing Mist
- Recovery / Booster / Skin Serum
- Light Moisturizer / Barrier Renewal Cream / Intensive Moisturizer

**STEP 1:** Help your client settle into the treatment by dispensing a few drops of essential oils onto your palms. Place your palms over your client's face and instruct them to take a deep breath in to invigorate the senses. Leave your palms in place for another minute while encouraging deep breathing to help your client relax.

**STEP 2:** Remove any eye or lip makeup with **Erase the Day**.

**STEP 3:** Double cleanse with **Cleanser** to remove any additional impurities as well as balance the pH of the skin. Remove the cleanser with 4 x 4 wipes.

**STEP 4:** Apply **Enzyme Crème Mask**. Leave on the skin for 8 minutes with or without steam. Apply a warm, wet towel to the skin and gently remove the mask.

**STEP 5:** Perform microdermabrasion treatment using diamond or crystal tip.

**STEP 6:** Apply **Moisturizing Mist** to hydrate and soothe the skin. This is a great way to reset pH balance and prepare the skin for treatment serums.

**STEP 7:** Apply **Recovery, Booster** or **Skin Serum** while the skin is still damp.

**STEP 8:** Follow with the **Eye Serum** to hydrate, minimize signs of aging and target dark circles and puffiness.

**STEP 9:** Depending on the client's skin type, apply **Barrier Renewal Cream, Light Moisturizer** or **Intensive Moisturizer** to the face and neck.

**STEP 10:** Apply mineral sunscreen if treatment is during the day.