

Professional Treatment

Time: 45-60 minutes

**Assumes all Back Bar sizes.*

Cost Per Treatment: \$3.75*

Suggested Products:

- Erase the Day
- Cleanser
- Enzyme Crème Mask
- Moisturizing Mist
- Recovery
- Booster / Skin Serum
- Eye Serum
- Barrier Renewal Cream

It is recommended to prepare the skin for a minimum of two weeks before the peel treatment with Cleanser, Recovery and Barrier Renewal Cream to strengthen the skin barrier and replenish nutrients to improve results.

STEP 1: Help your client settle into the treatment by dispensing a few drops of essential oils onto your palms. Place your palms over your client's face and instruct them to take a deep breath in to invigorate the senses. Leave your palms in place for another minute while encouraging deep breathing to help your client relax.

STEP 2: Remove any eye or lip makeup with **Erase the Day**. Double cleanse with **Cleanser** to remove any additional impurities as well as balance the pH of the skin. Remove the cleanser with 4 x 4 wipes.

STEP 3: Prepare the skin for the chemical peel with the **Enzyme Crème Mask**. Apply a thin layer to the skin and leave on, with or without steam, for 3 to 8 minutes. Remove with a warm wet towel or sponges.

STEP 4: Perform any extractions, if necessary. Cleanse the skin with **Cleanser** post extractions.

STEP 5: Protect the eye area with moistened cotton pads. Protect the lips and side of the nostrils with petroleum jelly or another occlusive barrier.

STEP 6: Proceed with the chemical peel treatment following the peel directions for application, length of treatment and neutralization of the peel if required.

STEP 7: Mist the skin with **Moisturizing Mist**. Allow the mist to settle into the skin.

STEP 8: Apply **Recovery** to the face and neck, including around the eye area. Follow with **Booster** or **Skin Serum** to the face and neck.

STEP 9: Apply **Eye Serum**, patting gently around both eyes and over lips.

STEP 10: Apply **Barrier Renewal Cream** to the face and neck.

STEP 11: Apply mineral sunscreen if the treatment is during the day.